

Child-friendly Anti-bullying Policy



WHAT IS BULLYING?

Bullying is when someone hurts, frightens, or upsets someone else on purpose.

Bullying is NOT:

- Accidents
- Falling out with friends
- Something that happens only once

WHEN IS IT BULLYING?

Several

Times

Purpose

BULLYING CAN BE:

VERBAL - name calling or saying unkind things about someone's looks, race, their family, their religion.

EMOTIONAL - hurting someone's feelings by leaving them out or ignoring them.

PHYSICAL - pushing and kicking or taking something belonging to someone else

CYBER - saying unkind or hurtful things on social media, the internet or on text messages.

WHAT TO DO

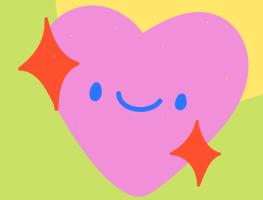
If you are being bullied:

- Remember IT IS NOT YOUR FAULT
- Tell an adult straight away
- Just walk away and stay calm
- DO NOT get angry and fight back

Adults will:

- Listen to you
- Talk to everyone involved
- Help to find a solution
- Support anyone who has been affected

If you seeing someone else being bullied, tell an adult immediately.

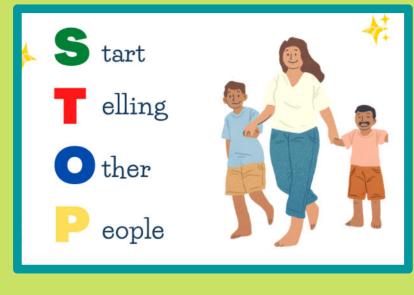


Helping Hand

Use your Helping Hand and talk to someone you can trust. Who are your 5 people?







Stand up, stand strong, stand together